

## **CVAC Bolsters Team USA Win at Endurance Lifting World Championships**

*CVAC™ (cyclic variations in altitude conditioning™) plays integral role in training regimen of Nick Delgado, PhD, world champion in over-50 group of world's strongest endurance men. Team USA is now number one in Endurance Lifting World Championships using 45-pound dumbbells; vertical lift, curl to press.*

Temecula, CA (PRWeb) May 25, 2007- Dr. Nick Delgado, at age 52, competed in the Endurance Lifting World Championships held in London as part of the Seni Expo. Dr. Delgado, the oldest competitor in the event, lifted 45-pound dumbbells a total of 270 times, resulting in the second-highest number of lifts of all competitors of all ages.

Team USA (Dr. Delgado, his 14-year-old son, Nicholas, and Tim Nash, 33, a business executive) is now number one in Endurance Lifting World Championships using 45-pound dumbbells; vertical lift, curl to press. According to Dr. Delgado, the competitors' ages ranged primarily between the ages of 24 and 33 and they were fitness trainers or had athletic backgrounds. Team USA consists of the second-oldest competitor ever, the youngest competitor, and a business executive. His teammates recorded best-ever efforts.

"I am not only an athlete; I am president of a company, and a single father of four with an active professional and social life. The use of CVAC renewed my strength and enhanced my workouts even though I was exhausted from my hectic schedule. This recovery allows me to keep balance in my life," comments Dr. Delgado.

"We are encouraged with the evidences of metabolic enhancement in athletes (like Dr. Delgado) who use CVAC as part of their training. We anticipate that research will show that the metabolic enhancement that CVAC-using athletes experience will translate to metabolic improvements in individuals with insulin resistance, metabolic syndrome and diabetes," commented Allen J. Ruskowski, President and CEO of CVAC Systems, Inc.

Dr. Nick Delgado is a researcher and lecturer in biochemistry and endocrinology. Dr. Delgado graduated from the University of Southern California and has continued studies at Loma Linda University, Cal State Long Beach, with endocrinology expert, Thierry Hertoghe, M.D. of Belgium, and at Rancho Los Amigos Hospital, USC. Formerly, he served as Director of the Pritikin Better Health Program of the Nathan Pritikin Longevity Center. Dr. Delgado's current activities include his work with professional golfers, mixed martial arts athletes and other peak performers; lectures on biochemistry, endocrinology, and healing and anti-aging; and his role as president of Ultimate Medical Research, LLC ([www.ultimatemedicalresearch.com](http://www.ultimatemedicalresearch.com)).

### About CVAC Systems, Inc.

CVAC Systems, Inc., headquartered in Temecula, Calif., is privately funded and is seeking to place CVAC systems at key luminary research sites for the development of several patent-pending applications such as performance enhancement, disease prevention, therapy and advanced health. For these plans, the Company is seeking a first-round venture/institutional financing.

Please note: The information contained within this document is intended for prospective researchers only, and is not intended for patients or health care providers. Any references to therapeutic applications are for discussion



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